

AMSTERDAM STUN

The Paper For You

Established 1993

Number 217
August 2013

FREE!

LIVE MUSIC
check out our
GIG-LIST

www.amsterdamstun.com

The Editor's Bit

Everybody loved the first ever full colour Stun last month and it would have been horrible going back to black & white. Luckily, we managed to secure some extra advertising revenue, so from now on, the Amsterdam Stun will be in full colour every month!

A few people complained that the glossy photos revealed more detail than they would have liked, but I'll take that as a compliment.

Doing the Stun in colour has also made it easier when it comes to editing the photos; with black & white, I had to lighten all the backgrounds, otherwise the whole photo would print too dark. Haven't got that problem now, so I can also leave the flash off and shoot by available light, if the mood takes me.

In the past, I would collect the latest Stun from the printers within hours of writing this column, but it takes a good week to print it in colour, so what am I going to do with myself in the meantime? I'm sure I'll think of something.

As we've sold off the back page to pay for all this colour, the Stun Prize Crossword has moved to page 26, opposite the jokes. There's a bottle of Agwa De Bolivia Coca Leaf Liqueur up for grabs this month!

With the new Premier League season starting this month, Frank looks into his crystal balls in Being Frank on Football and reveals how he sees it ending.

That's it for now, enjoy your Stun.

Andy

SUBSCRIPTIONS

Don't miss out on your copy of **The Amsterdam Stun**. Take out a subscription and the latest edition will come through your letter-box every month. Our prices barely cover the cost of the postage, so you are getting a bargain.

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<http://www.amsterdamstun.com>

If you would like to contribute a small article or some photographs, don't be shy: we're all amateurs doing our best here.

The following people also contributed to this edition of the **Amsterdam Stun**:

- Frank Weston
- Lin Sargent
- Peter Lavell
- Roland Eason
- Rush
- Tommy McKeown

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Page Three

Didn't have to walk too far to fill this month's Page Three: on Oudezijds Voorburgwal, we've got Ilze behind the bar in Rock Planet.



A couple of doors down, Chiron was behind the bar in Rick's Café.



Next door in Susie's Saloon, Louise and Patricia were showing everybody that blondes have more fun!



A short walk away in the Stone's Café, Wendy and Bianca are proof that you don't have to be blonde to have a good time.

TALES FROM THE

Happy Birthday Adrian, Al, Alan, Albert, Amy, Andy, Ann, Billy, Blom, Bo, Brian, Bruno, Chuara, Danny, Dave, David, Elaine, Finny, Floor, Gary, Gregg, Hans, Hennie, Hester, Jack, James, Jamie, Jasmina, Jim, Joep, John, Ken, Kiz, Len, Lenore, Leny, Leo, Marcel, Marie, Mary, Matilde, Michelle, Mick, Mike, Nicole, Paul, Polly, Ray, Rebecca, Rikki, Roland, Ron, Rory, Ruben, Sheila, Singh, Tamira, Tommy, Torre, tRAcY, Trudy, Vicky, Vivienne, Wendy, Zoe.

Happy anniversary Anita & Tim, Nic & Harriet, Cathy & Chick, Nick & Tina.



we bumped into Polly, who was enjoying the sun on the ZeePost terrace with some friends.



Andy and Tommy were celebrating their birthdays with a couple of drinks on Molly Malone's terrace, and it was my turn to take the picture.

We went on our way home early in the evening, but on the corner of Prins Hendrikkade



Linda, Ann and Gordon were doing the same thing, relaxing with a cold drink, watching the world walk by while enjoying the sun.

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GUTTER

What better way to spend the day, now summer has finally arrived.



We were just getting ready to go home (again), when Nicola showed up with Dragon and Una. It was cooling down a bit already, but they were nice enough to pose for the camera.

Hennie came over to wish Andy a Happy Birthday too. Now that she's back in town (in



an apartment with a lift) it's much easier for her to be out and about.

My sister came for a visit as well, with grandson Jordan. We took them up to the roof



for a viewing of the Amsterdam skyline. It's one of my most favourite places (providing it's warm, dry and still light enough!), so I will definitely take advantage of the weather, for as long as it lasts.



Andy met up with Lesley last week to hand over her winning voucher, she won the June crossword prize: A months supply of tea from the British General Stores.

Elly

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Tommy has also got Ice Cold Agwa De Bolivia Coca Leaf Liqueur waiting for you in The Coca Leaf Experience and you can try it for just €1 with this Stun.



The latest bar to join the Amsterdam Stun family won't need too much of an introduction for a lot of our readers. Excalibur has been a mecca for lovers of hard rock looking for good beer and fun in the Red Light District since it opened in 1990. With friendly staff like Inanna and Zad, you're guaranteed a good time.



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EXCALIBUR HARLEY-DAVIDSON CYCLES AMSTERDAM RED LIGHT DISTRICT

CHALLENGING

The Three Peaks Extra Challenge has started! It began on Monday 8 July at 10:26! I climbed Snowdon (highest mountain in Wales at 1085 metres) and arrived at the summit after a 'relatively' easy climb, although it does make it a lot harder with a 24½ kg rucksack... The weather has been hot and sunny throughout the expedition so far, which is pleasing as I was and am expecting rain, wind and cold all day, every day. I know what the weather can be like in western Britain! The scenery in Wales was quite attractive with rolling hills and mountains, with rivers and trees.

On the second day, I went off course, as the usually good Ordnance Survey map was incorrect. This was highly annoying as it cost me a whole afternoon, which in the end was wasted. After a couple of beers in the local pub at Dolwyddelan, I felt better. I camped just outside the village and continued the next day. I walked to Frodsham and stayed in the Old Hall Hotel - a lovely old place with nice food. I then went through Runcorn, which was far better than I had thought. I then spent 2½ days going through semi-rural areas, which took some quite intense navigation. I arrived in Preston on the 17 July after a particularly hard morning of 17½ km. I had had an 'off' day, feeling very tired, especially with the heat. Therefore, I

stayed in a Guest House and didn't camp. I felt a lot better the next day, which is when I joined the Lancaster canal. This was really good as it was flat, 'easy' walking and navigation.

Scafell Pike, the highest mountain in England at 977 metres, was a pleasant climb with good views from the top. I had an interesting conversation with a German on the summit. The climb down was harder than the way up due to gravity and the heavy rucksack, in which I had loads of water as it was a hot day.

On Tuesday 23 July, I had the first rain and storms of the expedition. It started just after I got up, which meant I packed everything away in record time. I walked to Keswick for supplies and continued to Bassenthwaite for beer and food. A mate in Amsterdam knows the pub well, it is called The Sun! The afternoon of that day was great as I was in 'the zone' and felt I could walk forever. I finished the day in Caldbeck and camped just outside the village (on the edge of the Lake District National Park). On Wednesday 24 July, I walked to Heskett Newmarket and dropped off my business card at the village shop for Chris Bonnington (a British mountaineer and explorer) who lives there and continued to Carlisle. Thursday 25 and Friday 26 were rest days!

On Saturday 27, I walked from Carlisle to near Lockerbie, in Scotland and camped. I love Scotland - a great place, mostly - except for the biting midges and weather! On Sunday 28 July (yesterday) it started... the proper Scottish rain... Fortunately it dried up in the afternoon, so I walked to between Beattock and Elvanfoot and camped; a decent mileage - the longest so far - at 40km. Today, 29 July, I walked to Abington. I should do a long distance today too, as I want to start the West Highland Way. So far, so good!

See www.rolandearson.tcnwk.com



GARETH'S 50th



Singer/songwriter Gareth Evans-Jones hit the BIG 5-0 and celebrated the occasion in Molly Malone's with partner Suzana, his parents Alan and Cheri, and loads of friends.

Sabrina and Joep were just two of the many artists to grace the stage at Gareth's party.



When Dzuana got up to play, Gareth joined her on stage.



Miguel and Marcos were two of the many fellow musicians at the party.



Regulars Lin, Pete and Denise, plus bar staff Steven and Matje, were witness to a great night of entertainment on stage.

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One Night In...

The Waterhole for Onno's Tuesday Groove Jam, where Molly Malone's barmaid Nuala was celebrating her birthday with her friends Eibhlín and Caitrina.



Ingeborg and Theo were getting excited; they were less than 24 hours away from marking their 5 years of being together.



Session leader Onno was in the smoking room with Lars and Sien.



Special Guest Ramon Oosterhof was on stage pumping out some great music.



Superstars Alfred Buning and Magic Sem were ready to rock the Waterhole!

Seen On Stage

Now that the Stun is in full colour, we can use more flash-free photos, which is a good excuse to try out my new f1.8 lens.



The Dee Minors were the first band captured with the new lens, on stage in Molly Malone's.



Plenty of light for capturing Rock 'n' Roll Nico and Maarten performing at Maarten's After Midnight Session in Maloe Melo.



There was just enough light in the Old Nickel to take photos of Lasso performing...



It's a great little bar, so I came back the next night and took some of Archie & Friends.



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Monday

Weekly

20:30, **Cafe Candela**, Re-Plugged Open Mic Night, *Everyone can have the chance to take up the mic or an instrument to entertain the audience.*

22:00, **Bourbon Street**, Open Jam, *hosted by Theo Mosquito*

22:00, **The End**, Karaoke, *over 40,000 English/Dutch songs to choose from. Open til 3*

22:30, **Maloe Melo**, Acoustic Session, *with Peter Lavell & his Gritmoaners*

22:30, **The Waterhole**, Joep Berkenbosch, *bring your instruments and jam with Joep*

12th August 2013

20:00, **CC Muziek Cafe**, Gretsch Lyles & the Modern Eldorados, *Country* €3

19th August 2013

20:00, **CC Muziek Cafe**, Live Music, €3

21:00, **The Waterhole**, Tref!K,

26th August 2013

20:00, **CC Muziek Cafe**, Live Music, €3

21:00, **The Waterhole**, BSS * + Pick Up Destiny *

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MONDAY NIGHT LIVE

AN EVENING WITH THE GRITMOANERS

GIG-LIST

Tuesday

Weekly

20:30, **Cafe Candela**, International Karaoke Night, *An explosive combination of international songs and funky people from all over the world*

21:00, **Jet Lounge**, Songwriter Showcase, *hosted by The Amsterdam Songwriters Guild*

22:00, **The End**, Karaoke, *over 40,000 English/Dutch songs to choose from. Open til 3*

22:30, **The Waterhole**, Onno's Tuesday Grooves Jam, *Onno Postma invites different special guests for a refreshing Jamsession.*

23:30, **Maloe Melo**, Acoustic Session, *with Kevin Chapman & Friends*

13th August 2013

20:00, **Coco's Outback**, Pub Quiz (exact date tbc), *Entry price: €3, maximum 5 persons to a team. 1st Prize: Surprise! 2nd Prize: a €30 voucher to spend at Cocos. 3rd Prize: a bottle of wine. 4th Prize: 10 shots of Jagermeister.*

20:00, **CC Muziek Cafe**, Magic Gumball & Open Mic, *Ben Graupner, Jumping Jesse Jones*

21:00, **The Waterhole**, Lizabett Russo *

20th August 2013

20:00, **CC Muziek Cafe**, Magic Gumball & Open Mic, *AHI, Scott Allan Knost, Carpet Noctem*

27th August 2013

20:00, **CC Muziek Cafe**, Magic Gumball & Open Mic, *Jennifer van Daalen, Lancifer, Gio Chamba*

21:00, **The Waterhole**, The Crash * + Ordinary People *

22:00, **Bourbon Street**, Lamar Chase, *bluesrock*
* New to the Waterhole.

Wednesday

Weekly

20:00, **CC Muziek Cafe**, Jazz and More, *CC Jazz Nights* €3

22:00, **Cafe Pollux**, Jukebox Rocola Jam Session, *Hosted by Vincent Pino with Supercity*

22:00, **The End**, Karaoke, *over 40,000 English/Dutch songs to choose from. Open til 3*

22:30, **The Waterhole**, One Night Stan Jam Session, *Pop, Rock, Latin Jam with Stan the Man*

23:00, **Cafe Candela**, Salsa Night,
23:30, **Maloe Melo**, Maarten's After Midnight session,

28th August 2013

20:00, **Molly Malone's**, Pub Quiz, *8 rounds of brain-teasing questions! €2.50 per person, all money taken will be given back out in prizes. Booking ahead advised (0611958949) as they always fill up.*

22:00, **Maloe Melo**, Various Artists (a.o. hiphop), *followed by Maarten's After Midnight session* €5

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THE STUN

Thursday

Weekly

20:30, **Cafe Candela**, Live Jam Session, *Bring your instruments and show your musical talent... sing along... or just enjoy the music!*

22:00, **Coco's Outback**, Karaoke Competition, *1st Prize: Surprise! 2nd Prize: a €30 voucher to spend at Cocos. 3rd Prize: 9 shots of Jagermeister*

22:00, **The End**, Karaoke, *over 40,000 English/Dutch songs to choose from. Open til 3*

23:30, **Maloe Melo**, Blues + Rock Session, *with Rahim*

15th August 2013

20:00, **CC Muziek Cafe**, Tailor Birds (album launch, €3), *followed by Thursday Tunes Jam*

21:00, **The Waterhole**, Apelazerus,

22:00, **Maloe Melo**, The Modern Eldorado's, *Elvis Memorial Show* €5

23:00, **The Waterhole**, The Grit *

22nd August 2013

20:00, **CC Muziek Cafe**, The So and So's (alt rock), *followed by Thursday Tunes Jam*

21:00, **The Waterhole**, Shufflekings *

22:00, **Maloe Melo**, The Hyper Blaster Surf Cowboys, *surf* €5

23:00, **The Waterhole**, French Waste!

29th August 2013

20:00, **CC Muziek Cafe**, Red Eye'Dazey (rock), *followed by Thursday Tunes Jam*

21:00, **The Waterhole**, On The Water *

22:00, **Maloe Melo**, Ordinary People, *funk from Turin + support act*

23:00, **The Waterhole**, Bought & Souled,

Friday

Weekly

21:00, **The End**, Karaoke, *over 40,000 English/Dutch songs to choose from. Open til 3*

22:30, **Old Nickel**, Lasso, *(or another top local act with International allure)*

9th August 2013

20:00, **CC Muziek Cafe**, Live Music, *check www.cccafe.nl for details* €5

21:00, **The Waterhole**, Smoking Joe *

22:00, **Molly Malone's**, Live Music,

23:00, **Maloe Melo**, Gretsch Lyles & the Modern Eldorados, *country/rockabilly* €5

23:00, **The Waterhole**, Ramon & Friends,

16th August 2013

20:00, **CC Muziek Cafe**, Valter Barreto & Edson Gomes, Banda Maloca & Convidados, *Brazilian Night* €5

21:00, **The Waterhole**, A.F.C.,

22:00, **Molly Malone's**, Live Music,

23:00, **Maloe Melo**, Dee's Honeytones, *boppin' rhythm&blues* €5

23:00, **The Waterhole**, Scope, *from Scotland*

23rd August 2013

20:00, **CC Muziek Cafe**, Caruru, *a group of musicians combining samba, bossa nova, forró, frevo and pop.* €5

21:00, **The Waterhole**, Mirramaze *

21:00, **Volta**, The League of Extraordinary DJs Club Noir Excess Live, *Band: Synthetica. DJs: Droid, Ro, Idan K* €8

22:00, **Molly Malone's**, Joep & Sabrina, *top local singer/guitarist/songwriters*

23:00, **Maloe Melo**, Live band(s), €5

23:00, **The Waterhole**, French Waste!

30th August 2013

20:00, **CC Muziek Cafe**, Coltha, *rock/pop coverband* €5

20:30, **Volta**, Punk Night, *Crustenumie, de Bende* €5

21:00, **The Waterhole**, The Drift *

22:00, **Molly Malone's**, Darren Byrne, *singer/songwriter/comedian from Wexford*

23:00, **Maloe Melo**, Candye Kane Band, *feat. Laura Chavez* €5

23:00, **The Waterhole**, Vezpa,

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GIG-LIST

Saturday

Weekly

21:00, **The End**, Karaoke, over 40,000 English/
Dutch songs to choose from. Open til 3

22:30, **Old Nickel**, Archie & Friends, top local
& international artists join Archie every week to
bring great entertainment in an intimate setting

10th August 2013

20:00, **CC Muziek Cafe**, Ben Graupner, rock/indie €5

21:00, **The Waterhole**, t.b.a.,

22:00, **Molly Malone's**, Mark Condren, singer/
songwriter from Wicklow

23:00, **Maloe Melo**, Queens of Rudeness Present:
Dutch Ska Express, DJs: Flavio Bacardi, Anna
Vodka €8

23:00, **The Waterhole**, Southern Train,

17th August 2013

20:00, **CC Muziek Cafe**, Ussu N'djai & The New
Balansa Vibrations, African Reggae/Gumbe/Salsa €5

21:00, **The Waterhole**, Cat Green Eye *,

22:00, **Molly Malone's**, Olly De Quartz, These
party-starters have been the talk of the town since
they landed in Amsterdam.

23:00, **Maloe Melo**, Lamar Chase Band, blues €5

23:00, **The Waterhole**, Red Plaque,

24th August 2013

20:00, **CC Muziek Cafe**, The Jeff Jolly Band (rock),
Mirramaze (alt rock), €5

21:00, **The Waterhole**, Whatever,

22:00, **Molly Malone's**, Victor Lacken & Friends,
trad. Irish

23:00, **Maloe Melo**, Live band(s), €5

23:00, **The Waterhole**, Spit,

31st August 2013

20:00, **CC Muziek Cafe**, Electric Bill, Bang the
Skillet, Ska €5

21:00, **The Waterhole**, 10 Years of Jack's On Five !

22:00, **Molly Malone's**, Darren Byrne, singer/
songwriter/comedian from Wexford

23:00, **Maloe Melo**, WrldBeat, reggae/funk/latin/
hiphop €5

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Sunday

Weekly

18:00, **The Waterhole**, Sunday Matinee with
Mosquito, A great way to end your weekend or
start your week

22:00, **The End**, Karaoke, over 40,000 English/
Dutch songs to choose from. Open til 3

22:30, **Maloe Melo**, Acoustic Session, with Archie

22:30, **The Waterhole**, Joyce Grimes, Jam session
with a mixture of pop rock with a feminine touch

23:00, **Cafe Candela**, Salsa Night,

11th August 2013

20:00, **CC Muziek Cafe**, TriBeCaStan, World
Fusion, Global Roots, Jazz, Folk, American €3

18th August 2013

20:00, **CC Muziek Cafe**, Live Music, €3

25th August 2013

18:00, **De Barones**, Woody & The Sidemen, blues

20:00, **CC Muziek Cafe**, Live Music, €3

22:00, **Maloe Melo**, Surf Bands Competition,
various bands

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ROUND T

Do you know this idiot? Answers on a postcard... First one out of the hat gets f**k-all, other entries get nothing.



Wendy and Claudia came from behind the bar to pose with Mitchel and Peter in the Stone's Café.



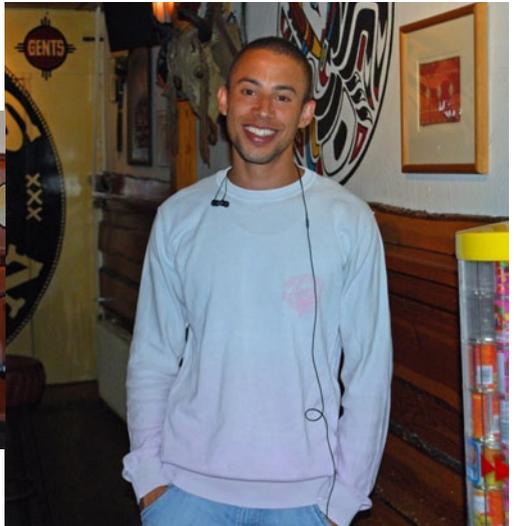
Phil was with the Irish Wolfhounds; Rose, Nuala, Tom, John, Geard, Tommy and Martina in Excalibur.



Friday night in the Flying Dutchman, with John, Steve, Josie, Klaas and Tineke.



Trevor dropped in Susie's Saloon on a warm Wednesday evening.



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THE BARS



Joyce was at the Waterhole Wednesday Jam, where we caught her at the bar with Iris.



Pete and Lin had granddaughter Georgia staying with them on the boat for a week, but they came ashore for a visit to Molly Malone's.



Nico, Arwen, Maarten and Magic Sem were taking a break during the After Midnight session in Maloe Melo.



At the bar of the Old Nickel, musician Jeroen was with Femke, who loves live music, so she's become an Old Nickel regular.



Kaz introduced us to Tore, the new Italian chef in Coco's Outback.

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BEHIND

Tineke from the Flying Dutchman has just come back from Ireland, where she went swimming with Fungie the dolphin in Dingle.



A sunny Sunday afternoon with Nuala and Pat behind the bar in Molly Malone's.



Amy was behind the bar on a busy Friday night in The End Karaoke.



Nathalie joined Fritz for a photo behind the bar of CC Muziekcafé on Magic Gumball night.



Jamie and Jim were doing their thing on a Tuesday night in the Waterhole.



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BARs

Making his first appearance in the Stun, it's Stefan, behind the bar in Café Candela during the International Karaoke Night.



Another Stun first-timer; this is Job, the new face behind the bar of the Old Nickel.



Jos (ex-Mono) was in Maloe Melo, so we had to get a photo of him with Jur.

Coco's Outback

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- 9 shots of Sourz Apple for €9,99

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Friday & Saturday

Clubbing from 10 'til Late

Free Entrance - Dancing on Tables



Jo, Robyn and Thijs were on duty for the weekly I ♥ Wednesday party in Coco's Outback, where they have extra drink specials and Happy Hour lasts from 10 'til closing time.

Visitors



Kelly came over from Liverpool to pay her sister Paula a surprise visit.

In Molly Malone's, we met Wyn, sister of ex-Flying Dutchman barmaid Allison, who was in town for the wedding of Allison's son Joe to Marlieke.



Also over for the wedding and in Molly's; Gill and Cathy, Allison's husband Phil's sisters.



Aunty Susan and Paula's daughter Lorin were with them in the Flying Dutchman.



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On Coco's Terrace

It was a hot summer night, so Molly, James, Gabriel, Jess, Evor, Kaz and Jo were keeping their cool outside Coco's Outback.



Juan and Raluca were on the coffee before heading off to work in Café Candela.

It was even warmer when we bumped into Austin, Linda and Onion James a week later.



Coco's head chef James and head honcho Edward were having an after work beer...

It was past midnight, but Lena, Maja and Emelie could still enjoy cocktails at Happy Hour prices until closing time.



As was Pat, the little fat f**ker in pink.

Behind

Haven't seen Michael in ages; probably because he only works days in the Old Sailor.



Desiree was behind the bar in The End.



Marianne, the Queen of The Pint, was behind the bar with John, Franky and Rayan.



Friday night in Café Pollux, so it must be Frits behind the bar.



Get involved with us, join the



Amsterdam Stun

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More Bars

Georgia and Kamila managed to get Pablo to pose with them in Coco's Outback.



It's always nice to see Skip behind the bar in Excalibur; he knows what I like to drink!



New girls Soraya and Deborah have settled in nicely in the Stone's Café.



In the Waterhole, Iris and Janice got Ruud to pose for his first appearance in the Stun.



Another new face; Bori, behind the bar in Susie's Saloon with Patricia.

MORE



Pete rounded off his birthday outside Molly Malone's with Lin, Chris, Derek and Steve.



Thumbs up from DJ Ray, on the decks in Coco's Outback for the **I ♥ Wednesday** party. More thumbs, this time in Susie's Saloon.



Chef and Matje were at the bar in Molly Malone's while I was playing with my new lens.



Patricia thought it was about time we had a photo of Susie's Saloon regular Kopi in the Stun.

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ROUNDS

It was a quiet Monday afternoon, so Ellen was watching the world walk by the Old Nickel.



Our football correspondent Frank, fighting his way back to fitness, took a romantic weekend break in Paris with his wife Rung.

Noam was soaking up the sun outside the Flying Dutchman.



The bunny ears were out in force for Gavin and Klaas in the Flying Dutchman.



Paul and Katja were enjoying a Saturday night drink in Molly Malone's.

Stun Prize Crossword

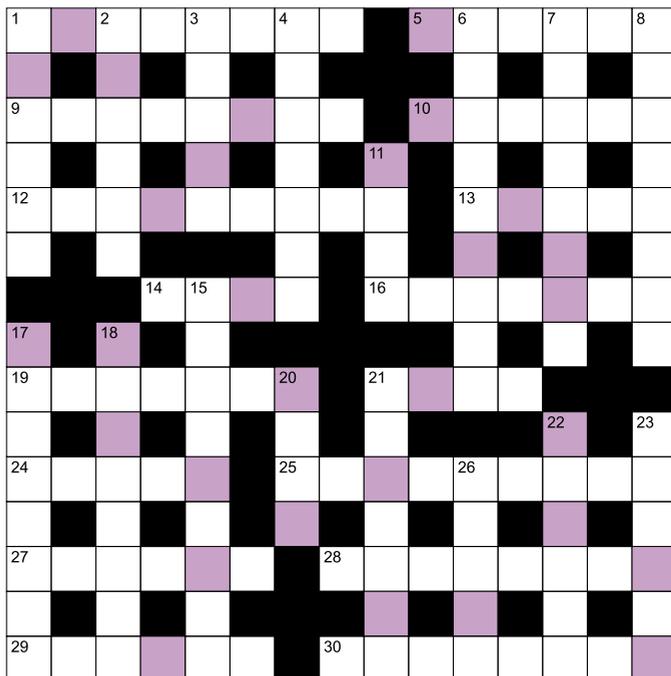
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Across

- 1: Delightful. (8)
- 5: Disagree. (6)
- 9: Brave. (8)
- 10: Give. (5)
- 12: Hanging around. (9)
- 13: Late. (5)
- 14: Force. (4)
- 16: Dutch humanist. (7)
- 19: Pasta. (7)
- 21: Archaic Scottish old. (4)
- 24: On to. (5)
- 25: Hearth. (9)
- 27: Extinct German language. (6)
- 28: Gigantic. (8)
- 29: Lock up again. (6)
- 30: Fraud. (8).

Down

- 1: Pair. (6)
- 2: Middle East language. (6)
- 3: French river. (5)
- 4: Clamorous. (7)
- 6: Shooting game. (9)
- 7: West Indian percussion? (8)
- 8: Writer. (8)
- 11: Leer. (4)
- 15: Easing. (9)
- 17: Jeopardize. (8)
- 18: Relating to love. (8)
- 20: Tender. (4)
- 21: Initially made up new word? (7)
- 22: Elephant-boy. (6)
- 23: Bait. (6)
- 26: Polynesian sarong? (5)



This month's Prize Crossword is sponsored by **Coca Leaf Experience**, Warmoesstraat 32, who have generously donated a **bottle of Agwa De Bolivia, 10 Coca leaf tea bags & 5 Cocoa leaf candies** for the winner. All you have to do is put the letters in the shaded squares into the 2nd grid in the same order they appear to reveal the answer. E-mail your answer, along with name & contact details, to puzzle@stun.nl or SMS 0628712646 to arrive no later than Friday 6th September 2013. The winner will be drawn from all correct entries and announced in the October Stun.

Last Month's Answers

Sandwiches should not contain sand!

Across: 8 Acne, 9 Older, 10 Pact, 11 Crocus, 12 Children, 13 Stress at, 15 Throbs, 17 Lantern, 19 Academy, 22 Status, 24 Increase, 26 Patience, 28 Ankles, 30 Nose, 31 These, 32 Nada.

Down: 1 Scar, 2 Sea chest, 3 Dowsets, 4 Educate, 5 Artistic, 6 Spider, 7 Acre, 14 Toast, 16 Bumps, 18 Resonate, 20 Doe skins, 21 Nineveh, 23 Toiled, 25 Coated, 27 Anon, 29 Ends

June's winner was: Lesley Bathgate, who won

a month's supply of tea generously donated by **British General Stores**

JOKES

On Monday I said to my boss, "I have a dentist's appointment this afternoon. Can I leave at 2.30 and make up the time later in the week?"

"No problem," he said.

On Friday he pulled me up and said, "What's this? You've put on your time sheet that you finished at 5 o'clock on Monday."

I replied, "I know, I told you I'd make the time up."

I was having lunch with a female colleague when I saw my wife come in.

"It's my wife! I have to hide." I whispered.

"Don't be silly, your wife can't possibly object to you having lunch with someone you work with" she said.

"She can if she thinks I died in 2005".

I'm not saying my little old granddad is unlucky, but he died in the middle of the desert. Witnesses said it was the most unusual shark attack ever.

I was squashed up next to a lady on the underground today, and she said I was 'Creepily close'. I would have asked the other people there if they thought she was being a bit over sensitive, but we were the only ones there.

The kids threw up when I told them I'd put ginger in the curry. They loved that cat.

My wife accused me of ruining her birthday yesterday.

"Nonsense," I said. "I didn't even know it was your birthday."

I always keep emergency flares in my car. You never know when you're gonna be invited to a '70's disco.

Went to a 70's disco the other night. Bought all sorts of cool gear too; platform boots, brightly coloured flares, an afro wig... But in retro specs I looked a twat.

Asking the bloke in McDonald's for a small shake is fine, provided he's not at the urinal at the time.

I went to the greengrocers today and I picked up an iceberg lettuce. I said to the man at the counter, "Why is it these seem to be getting smaller and smaller?"

"Global warming," he replied.

My wife walked in on an argument between our son and I. When he ran out of the room crying, I turned to the wife and said, "I wish I'd used a condom now."

Horrified, she said, "What? You wish our son had never been born?"

"No," I replied. "I've got his girlfriend pregnant."

What's black and white and shouts "fuck the pope"?

A nun who's won the lottery!

I'm an agnostic dyslexic insomniac who lies awake at night wondering if there really is a dog.

I watched some bloke steal my car last night. In normal circumstances I would've stopped him myself, but I didn't bother and decided to just call the police. Fuck it; I'll let him explain the bodies in the boot.

I have some really sad news and it's really hard for me to say: Ken Dodd's dad's dog's dead.

When my friend Dave drowned, we got a wreath in the shape of a lifebelt for the funeral. It was what he would have wanted.

I called the local ramblers club today, but the man who answered just went on and on.

BEING FRANK ON FOOTBALL

And here we are again. The new Premier campaign is about to commence and as if we cannot get enough of it, the World Cup beckons! As usual, I have polished my crystal balls, as I give you my personal insight into what the football future holds. Past experience tells me that my more recent predictions have fallen at the first, but this should not deter you, because I have done some extensive research this time and the going remains good!

20. Crystal Palace (500/1): Perhaps in the history of Premiership football, there has never been such a huge outsider. Ian Holloway is a miracle worker and almost saved Blackpool's bacon the other year, but this time he really does have his work cut out. Could be an early season front-runner, because he has bought wisely with Stephen Dobbie from Brighton and Dwight Gayle from Peterborough, but they will struggle. They can score, but they can also leak plenty; although

the acquisition of Jose Campana from Seville will help their cause. I cannot see this one lasting the pace and they will be holding up the rear for most of the Premier race I fear.



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19. Stoke City (150/1): Mark Hughes failed miserably at Manchester City and I fear he will fail here too. He talks the talk, but does he walk the walk? They have invested little in new players and a lot will depend on the performances of Marc Muniesa, who is after all a Barcelona reject. They will simply struggle to get the distance in my view and their lack of a natural goal-threat will be a major handicap.

18. W.B.A. (150/1): To date, they have acquired the 34 year old Nicolas Anelka and

Goran Popov from Dynamo Kiev, whilst releasing Zoltan Gera and Marc Antonio-Fortune on frees. Anelka is past it and I feel that this lot will not find the going easy as the season progresses. Yes, they have talent in some quarters, but they have a small squad of players and if injuries and suspensions kick in, then expect them to fall away rapidly.

17. Cardiff City (150/1): Another newcomer who will find the going tough. They have bought shrewdly in acquiring Andreas Cornelius from Copenhagen for an undisclosed fee, but that is about it. They do however have some experienced players in all departments and this might just make the difference.

16. Fulham (100/1): Martin Jol produces teams that try to entertain, but his lack of



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activity on the transfer market is a worrying sign. Yes, Maarten Stekelenburg is a fine buy, but Derek Boateng and Fernando Amorebieta are less convincing purchases and they could struggle on the backstretch.

15. Hull City (100/1): This is another also ran I fear, but survival is their top priority this term and I think they will get the trip. George Boyd, Maynor Figueroa and Steve Harper are all quality acquisitions and their defence under Steve Bruce is usually solid and I think they will probably get the distance.

14. Newcastle United (40/1): Erratic sums this one up. On their day, they can be up there with the leading pack, or conversely, fall away rapidly. Alan Pardew needs a good start I feel, because they have not really spent a lot and only Olivier Kemen from Metz has so far been added to their ranks.

13. Southampton (100/1): The Saints have bought Dejan Lovren from Lyon and also Victor Wanyama from Celtic, but that is it! I

feel they will be off the pace for the most part, but be good enough to avoid the tail.

12. West Ham United (50/1): Sam Allardyce is a smooth operator and getting Andy Carroll on a permanent contract from Liverpool is a wise move. He has also acquired Adrian from Real Betis and Razvan Rat from Shakhtar Donetsk. In the Premier rat-race, this just might be a lucky omen!

11. Aston Villa (80/1): New names a plenty here and Paul Lambert will have learned a lot from last season, as will his young guns! In come Aleksandar Tonev from Poland, along with Jores Okore, Leandro Bacuna, Nicklas Helenius and Antonio Luna from Seville. They should comfortably get the trip.

10. Norwich City (80/1): Big outsiders as always, but they have bought very well. People here in the Netherlands know all about Ricky van Wolfswinkel and Leroy Fer. Add to that Javier Garrido from Lazio and Nathan Redmond from Birmingham and you have the makings of a good team.

9. Swansea (50/1): The Danish guru has bought well. Nine new players here, including Jonathan De Guzman from Villarreal, plus Jose Canas and Alejandro Pozuelo from Real Betis. Let us not forget too Wilfried Bony from Vitesse! Michael Laudrup knows this course now and will steer clear of any trouble, I suspect and they could be the surprise package!

8. Sunderland (50/1): They have spent big again and providing their eight new buys gel well, they could exceed all expectations! I



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BEING FRANK...

especially like Cabral from Basle and Jozy Altidore from A.Z.

7. Everton (40/1): The Blues should stay close to the leading pack, with the new incumbent Roberto Martinez ensuring they produce much of the same. Arouna Kone and Antolin Alcaraz from Wigan should give them much needed stability too.

6. Liverpool (40/1): They will be good enough for Europe perhaps, but not the Champions League. Luis Suarez is the key. Will he stay or will he go and if he stays, how many games will he actually play? Still, finishing in front of Everton might just keep Brendan Rodgers in a job!

5. Arsenal (10/1): Arse Wenger needs some silverware and quick. He may get some, but not here and if Spurs pip them for a Champion League spot, it could be curtains for the Frenchman, I fear. To date, Yaya Sanogo is their only purchase. (Suarez?)

4. Tottenham Hotspur (5/1): Gareth Bale remains the key. If he stays, literally anything is possible and I am basing all my theories on the premise that he will! Villa Boas has brought in Paulinho from Corinthians and they will be hoping that some Brazilian flair might get their noses in front of their archrivals!

3. Manchester United (2/1): David Moyes will soon discover it is a hard act to follow. In fact, quite impossible! Rooney is not happy and I suspect nor will the supporters come next

May, when their Mancunian neighbours pip them to the post!

2. Manchester City (2/1): Another new face at the helm! Well actually, a very old face in fact. Manuel Pellegrini is almost sixty and has an old head on old shoulders. It might not be enough. I think the purchase of Jesus Navas from Seville and Fernandinho from Shakhtar Donetsk are good ones though, but the gaffer may find the going tough and end up being slightly off the pace as he approaches the final furlong.

1. Chelsea (2/1): The prodigal son has returned to the fold and now he is much more humble than before. Mourinho has a good squad of players, who respect his style of management and his knowledge of this league should help him immensely. He has bought quite conservatively so far, but expect this to change if they make a slow start. Andre Schurrle from Bayern Leverkusen and Marlo van Ginkel from Vitesse should aid his cause. He has removed the dead wood from his squad and can now see the finishing line in sight!

* The winner gets two €30 vouchers to spend in Coco's Outback and it's absolutely free to enter. And remember, if you are not in it, you can't win it, so make your predictions now!

Frank

www.beingfrankonfootball

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Charitable

Before setting off on his Three Peaks Extra Challenge, Roland asked Hi-Tec if they would sponsor him. They responded by giving him a pair of their top model walking boots.



Brian and Andy were enjoying a well earned beer in the Old Nickel after driving 2453 miles, through 9 countries in 7 days in a 25 year old VW Golf Cabrio to raise money for the Jenson Tucker Tree of Hope.



HELP

Whether you live in Amsterdam or are just visiting, we hope you don't need to make use of this list. But just in case...

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Police HQ - Elandsgracht	020-559 91 11
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Report crime anonymously	0800 - 70 00

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Central Doctors Service	088-00 30 600
Pharmacies (Out of hours)	020-592 33 15
STD Clinic, Weesperplein 1,	020-555 58 22
Juridisch Loket (Legal Aid)	0900 - 8020

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Canadian Embassy	070-361 41 11
Danish Consulate	020-575 17 79
French Consulate	020-624 83 46
German Consulate	020-673 62 45
Indian Embassy	070-346 97 71
Irish Embassy	070-363 09 93
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Polish Consulate	020-565 11 55
South African Embassy	070-392 45 01
Spanish Consulate	020-620 38 11
Swedish Consulate	020-301 45 50
Swiss Consulate	020-717 34 16
U.S. Consulate	020-575 53 09

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